



Erasmus+ Programmes

Wild Swimming, Wild Food, Wild Adventures on the Wild Atlantic Way.

Nice to meet you!

We are the **Atlantic School of English and Active Leisure**, or Atlantic S.E.A.L. for short. We transform standard trips into life-changing milestones.

Join us on one of our new, tailor-made courses, which are eligible for **[Erasmus+ funding in 2026]**.

What you can expect:

- **Classrooms Without Walls:** Professional growth and learning for students based on a *real immersion* philosophy.
- **Total Alignment:** Activities are curated to meet the European Development Plan and Erasmus+ quality standards.
- **Full Support:** From Erasmus+ paperwork to local transport and accommodation, we've got it covered. Your only job is to enjoy the journey!

35+ years

experience of high-quality English Language and Teacher Training Programmes.

15,000+

students have taken one of our courses, with ages ranging from 4 to over 84 years old.

100%

authenticity guaranteed. Based in Schull, West Cork where the Wild Atlantic Way meets a vibrant, welcoming local community.

Full Irish Experience

1 or 2 Weeks | Avg 30h Lessons, Workshops, Excursions & Activities

Our authentic Irish cultural immersion course is designed to enable students to consolidate and improve their overall English proficiency. They can enjoy an introduction to topics and interests popular to Irish culture through classroom sessions, as well as social activities and interactive workshops.

What themes can we cover?

- Language
- Cooking
- Dance & Music
- Gaelic Sports
- Myths, Legends and Folklore
- Anglo-Irish Literature

>> We are proud to foster a scenic and unforgettable educational experience!



Ireland, Naturally!

1 or 2 Weeks | Avg 30h Lessons, Workshops, Excursions & Activities

Join us on an immersive course exploring the landscapes, initiatives, and rich character of West Cork. Through hands-on activities and an engaging, dynamic programme, students will discover our unique location, community, and heritage while developing and confidently integrating their English language skills.

What themes will we cover?

- Irish Nature
- Environmental Issues
- Land Biodiversity and Sustainability
- Maritime Legacy and Conservation
- Sacred Places
- WAW factor (Wild Atlantic Way)

>> This is an excellent opportunity to meet local businesses and learn about the vibrant local lifestyle.



Timetable reference

Start any Monday!

TIME	MON	TUE	WED	THU	FRI	SAT
9:30 - 11:00	Welcome – Irish Nature	Land Biodiversity Sustainability	Visits to and Workshops at Sustainability and Biodiversity NGOs [Goleen Harb] [CECAS]	Maritime Legacy and Conservation	W.A.W factor! [Wild Atlantic Way]	Departure Students will be collected by their drivers or taken to the bus, if they are part of a large group, to the airport Full Day Excursion [optional] Garinish Island Seal Spotting + Glengarriff Nature Reserve
11:00 - 11:30	Coffee Discussion Environmental Issues			Coffee Discussion Environmental Issues		
11:30 - 13:00	Project Work & Research	Project Work & Research		Project Work & Research	Project Work & Certificate	
13:00 - 14:00	Lunch Break					
14:00 - 16:30	Visit Ecological and organic farm	Visit Lough Hyne & the Holy Wells	Workshop session at a local NGO	Visit Mizen Head Lighthouse	Visit Bantry Farmers Craft Market	
Evening Activity [<i>optional</i>]		Irish Traditional Music		Bats and what they do for us		

The schedule is flexible and can be adapted to the specific needs of the group.

**[Erasmus+]
Program**
€500/pax

Lessons, activities and site visits included.
Course materials.
Admin Fee.
Certificate.



**[Family Host]
Accommodation**
€310/pax

Join a family and fully immerse yourself in the local Irish lifestyle.

Single Bedroom

Shared or private bathroom

Double Bedroom*

Shared or private bathroom

Meals

Half-board during the stay
(breakfast and dinner)

** Available for 2 people sharing the same booking or under agreement.*

**[Self-Catering]
Accommodation**
From €350/pax

Seeking more independence and a bit of luxury? Let us help you find an exclusive holiday home, by the sea or in town.

**[Other]
Accommodation**

Students are not required to stay with a host family and are welcome to book their own accommodation. We are happy to give recommendations.

Let's get planning!

Where Learning Meets Adventure



Some of our activities
Foraging
Kayaking
Beach Clean Up
Wild Swimming
Outdoor Irish Food Picnics
Cultural Excursion



Traditional Irish Cooking
Jewellery making
Theatre
And more...



Where Learning Meets Adventure



Take part in the EU's opportunities to study, train and gain experience abroad.



Let's empower European educators & students through Authentic Irish Immersion

Your learning adventure begins here,

Get in

Touch!

Barbara Connelly

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