



EARLY ADULT PLUS + (16-19 YEARS OLD)

SAMPLE TIMETABLE

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
9.30-11.00	Group Lessons	Group Lessons	Group Lessons	Group Lessons	Group Lessons or Linguaskill Exam	<u>Departure from Atlantic S.E.A.L</u> Saturday is our normal departure day from Atlantic S.E.A.L. You will be collected by your driver or taken to your bus if part of a large group and from there you will travel to your airport. <u>Saturday Excursion</u> Meet at the Junior school and go to one of our many Saturday excursions. Trips can include: - Glengarriff Nature Reserve - Garnish Island Seal Trip	<u>Family Day</u> Join your Irish family in their normal every day Sunday routine and spend time with them. Sunday is also our normal arrival day at Atlantic S.E.A.L so you may be getting some new classmates joining you in your host family.
11.00-11.30	----- Complementary Coffee/Tea & Snacks -----						
11.30-13.30	Group Lessons	Group Lessons	Group Lessons	Group Lessons	Group Lessons or Linguaskill Exam		
13:30-14:30	Lunch						
14:30-16:45	<u>Leisure</u> Join our exciting leisure programme which combines relaxation with cultural and historical outings. 	<u>Micro Group Lessons</u> Join our additional micro group lessons for a more focused and intensive learning experience.	<u>Leisure</u> Join our exciting leisure programme which combines relaxation with cultural and historical outings. 	<u>Micro Group Lessons</u> Join our additional micro group lessons for a more focused and intensive learning experience.	<u>Leisure</u> Join our exciting leisure programme which combines relaxation with cultural and historical outings. 