




MICRO GEN 20 (20 MICRO-GROUP GENERAL ENGLISH LESSONS)

SAMPLE TIMETABLE

	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>	<u>Sunday</u>
9.30-11.00	Group Lessons	Group Lessons	Group Lessons	Group Lessons	Group Lessons	<u>Departure from Atlantic S.E.A.L</u> Saturday is our normal departure day from Atlantic S.E.A.L. You will be collected by your driver or taken to your bus if part of a large group and from there you will travel to your airport. <u>Optional Saturday Excursion</u> Meet at the Adult school and go to one of our many Saturday excursions. Trips can include: - Glengarriff Nature Reserve - Garnish Island Seal Trip	<u>Family Day</u> Join your Irish family in their normal everyday Sunday routine and spend time with them.
11.00-11.30	----- Complementary Coffee/Tea & Snacks -----						
11.30-13.30	Group Lessons	Group Lessons	Group Lessons	Group Lessons	Group Lessons		
13.30-14.30	Lunch						
14.30-17.00	<u>Optional Leisure*</u> Join our exciting leisure programme which combines relaxation with cultural and historical outings. 	----- Free afternoon for independent leisure, self study or additional 'one to one' lessons* -----	<u>Optional Leisure*</u> Join our exciting leisure programme which combines relaxation with cultural and historical outings. 	----- Free afternoon for independent leisure, self study or additional 'one to one' lessons* -----	<u>Optional Leisure*</u> Join our exciting leisure programme which combines relaxation with cultural and historical outings. 		Sunday is also our normal arrival day at Atlantic S.E.A.L so you may be getting some new class mates joining you in your host family.

* The Leisure programme can be pre-booked before arrival to the school. If you would like to book this while you are at the school, please contact the office manager on Monday morning. Additional lessons can be booked via the Academic Manager and are subject to availability. For more information on our Leisure Programme please see our website [www/atlantic-english.com](http://www.atlantic-english.com)